



# Meet the Scientist!

An urban health scientist studies how urban environments affect the health of people living in urban areas.

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http://www.naturalinquirer.org

## Important Scientist Characteristics:

Curiosity, critical thinking, and dedication to learning from diverse topics and viewpoints contribute the most to my career.

**Example of a simple research question I have tried to answer:** How do new greening projects affect the health and safety of nearby residents? Greening projects usually involve replacing concrete, pavement, and weeds with maintained trees and vegetation.

# Technology or equipment used in research:

I use mapping software called geographic information systems (GIS) to map greening projects in a location. GIS also helps me compare changes in nearby health and safety information over time. I also use health-trackers. Health-trackers collect information about a person's location and about a person's body, like heart rate or blood pressure.

### Most Exciting Discovery

My research found that small greening projects can reduce nearby crime and reduce stress for nearby residents.

# When did you know you wanted to be a scientist?

When I was younger, I was not taught to believe I could become a scientist. Following my interests, and the belief that I had a right to a higher education, has brought me to where I am now.