

Word Scramble

Unscramble the words to create a sentence from this monograph!

were scientists the in how much kids outdoors spend in study interested this time

help outdoors spending an time nature conservation and for people may also develop appreciation

healthier people be help outdoors may time that spending believe some scientists

lifestyle and healthy maintain active an trying kids to especially for important are physical activities that outdoor shown have studies

outdoors kids spend of time amount the use affects much how media the wondered researchers

physical build strength outdoors and great the explore to way is one hiking

a called proxy is of another on behalf the a person acting

the weekend on 4 day per hours least spent at girls and surveyed the many of boys outdoors

than kids younger devices outdoors more electronics kids older used

likely studying to be reading or outdoors more girls were

some than believe people outdoors go survey kids that kids the national of the results suggest more

younger than kids less recreation activities outdoor in older kids participate

social on interaction programs focus that through time outdoors spend to kids older could encourage that professionals recreation suggest the scientists

Word Scramble Answers

A person acting on the behalf of another is called a proxy. Many of the boys and girls surveyed spent at least 4 hours per day outdoors on the weekend. Older kids used electronic devices outdoors more than younger kids. Girls were more likely to be outdoors reading or studying. The results of the National Kids Survey suggest that kids go outdoors more than some people believe. Older kids participate in outdoor recreation activities less than younger kids. The scientists suggest that recreation professionals could encourage older kids to spend time outdoors through programs that focus on social interaction.

The scientists in this study were interested in how much time kids spend outdoors. Spending time outdoors may also help people develop an appreciation for nature and conservation. Some scientists believe that spending time outdoors may help people be healthier. Studies have shown that outdoor physical activities are especially important for kids trying to maintain an active and healthy lifestyle. The researchers wondered how much media use affects the amount of time kids spend outdoors. Hiking is one way to explore the great outdoors and build physical strength.